

# HAWK TALK



## *Remembrance Day*

Time: 10:00-11:00AM

Location: Gym

Parents are invited to attend.

### **Report Cards & Parent-Student-Teacher Conferences**

You will be able to book an appointment online through **Parent Connect beginning on Friday, November 17<sup>th</sup> at 9:00 am**. This will be done on a first-come, first-served basis. If you do not have access to a computer, you can contact the classroom teacher to make your appointment.

Report cards will be available online through your Parent Connect account on Tuesday, November 21<sup>st</sup> at 9 am. If you do not have access to a computer or require a print copy, please contact your child's teacher to make this request.

Student-Parent-Teacher conferences will be held on Thursday, November 23<sup>rd</sup> from 3:15 p.m. to 7:45 p.m. and on Friday, November 24<sup>th</sup> from 8:30 a.m. to 2:00 p.m. We value conversations with students and parents about student learning and we are very much looking forward to this opportunity for sharing and dialogue.

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# Scholastic Book Fair

Our library is hosting a Book Fair:

**Wednesday, November 22<sup>nd</sup>**  
**to**  
**Friday, November 24<sup>th</sup>**

Students will have an opportunity to visit the fair with their classroom.

Also, the library will be open a little later on the book fair days (for students to visit/purchase books) and of course Thursday evening and Friday during the day to accommodate parent teacher visits.

I look forward to seeing you at the Scholastic Book Fair. Proceeds from this event will go directly towards putting more books on our library shelves.

Thank-you for your support!



# The Whole Self Project

The Power Positive students have been busy.

We have a WE Scare hunger team supporting a food drive and raising awareness about food scarcity and about hunger in Winnipeg.

We had a guest speaker from Winnipeg Harvest come to the school and talk to the students about what a food bank does and how many people get food from one. We hope to go to Winnipeg Harvest later in the year to help out as volunteers and to see how things work.

We have a Community Helper team that spent some time cleaning up the school grounds and is planning to help out community members with raking and - soon - shovelling - so if you know a senior or someone with mobility issues, have them call the school and talk to Mr Serzu.

We have a team of students working on Bathroom Birdy - an anonymous question and answer support system in the bathrooms.

We also had a team of students making posters for and planning the Halloween dance.

And, last but not least, we had the opportunity to take the Power Positif group to WE Day at the end of October. The students were excited to be there and heard lots of ways that people their age have changed the world - and continue to change the world by helping others. Some in very big ways and others in more direct on-on-one ways. But always with the goal to make the world a better place.

The Power Positif

Jen Davis, Lindsay Brodeur, Tracey Cervantes, Holly Hunter, Lori Morton, Steve Serzu & Becky Walter

**Power Positif at We Day**



# In the Gym

Cross Country season has come to an end and we would like to thank Mr. Hall and Mr. Page for coaching. Congratulations to all of those on the team, we had a great season and had several top ten finishes! Well done, Hawks!

Volleyball wraps up at the end of this month, continue to check the board for when practices and games are.

Special Olympics Basketball event at the University of Winnipeg on Tuesday, November 14<sup>th</sup>. We wish our athletes good luck!

Please make sure to bring a change of clothes and proper footwear to every class! Students are also expected to be prepared to go outside, so please have proper clothes for the cooler weather!



# Music Notes



Our first three performances of the year happen this month!!!

November is a busy time for the music program at ÉSOMS! Students are encouraged to start gathering their performance clothing! Our performance dress code is all black (black pants, black shirts, black shoes, black socks). Students who choose to wear a skirt or a dress are asked to wear a skirt knee-length or longer and cover their legs with tights or pantyhose. Please let your music teacher know if you have any questions or concerns about the dress code.

## Performance Dates This Month:

- ★ November 10th P3&4: School Remembrance Day Service with music provided by the grade 8 band and grade 7&8 Choir.
- ★ November 22nd/23rd am: ChoralFest Manitoba - Grade 6 Choir (Nov. 23rd), Grade 7+8 Choir (Nov. 22nd)
- ★ Thursday, November 30th: Grade 7+8 Winter Concert @ 7pm in the ÉSOMS Gym.



## Future Dates

- ★ Thursday, February 1st: Grade 6 Winter Concert @ 7pm in ÉSOMS Gym.



# Roots of Empathy

Ms. Walter's class has been invited to participate in a program called Roots of Empathy. This program teaches children about feelings, their own feelings and the feelings of others. Once every three weeks, baby Jack and his mom, Lauren Henry visit the classroom. Ms. Khan, our Roots of Empathy Instructor gathers students around a green blanket and together they watch the baby grow.

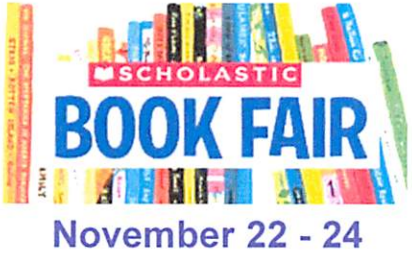

The children predict and cheer when their Roots of Empathy baby reaches the 'developmental milestones' of the first year.

The Roots of Empathy Instructor also coaches the children in observing and reading the cues the baby gives as to how the baby is feeling: "Is the baby happy or sad?" "How can you tell?" And we use this discussion as a lever for the children to talk about their own emotions and to understand how their classmates feel. Being able to understand how other people are feeling is called **empathy**. The Roots of Empathy Instructor also visits the classroom before and after each Family Visit to prepare and reinforce teachings using a specialized lesson plan for each visit.

For twenty years, across Canada and internationally, over 700,000 children are learning to respect and care for one another with the lessons started through their Roots of Empathy baby.



# NOVEMBER 2017

SUN	MON	TUE	WED	THUR	FRI	SAT
			1 Day 5	2 Day 6	3 Day 1 ÉSOMS PD No Classes	4
5	6 Day 2	7 Day 3	8 Day 4	9 Day 5	10 Day 6 Remembrance Day Assembly 	11
12	13 Day 1	14 Day 2 Special Olympics U of W 10 am – 2 pm	15 Day 3	16 Day 4	17 Day 5	18
19	20 Day 6	21 Day 1 Student Reports available online	22 Day 2	23 Day 3 Parent / Teacher Conferences 3 – 8 pm	24 Day 4 Parent / Teacher Conferences No Classes	25
26	27 Day 5	28 Day 6	29 Day 1	30 Day 2 Grade 7 & 8 Winter Concert 7 pm		

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Kildonan Youth Activity Centre (KYAC)

# NOVEMBER 2017



Kildonan Youth Activity Centre

KYAC Program Coordinator: amy.wilson@7oaks.org OR (204)470-9460

<http://www.7oaks.org/Programs/KYAC/Pages/default.aspx>

## What is KYAC?

KYAC is a non-profit youth drop-in centre concerned with meeting the needs of youth, ages 8-17, in Seven Oaks School Division. Our drop-in programs offer a wide variety of activities ranging from low organized games, recreational sports, movie nights, guitar lessons, art classes and crafts.

## Programming Hours :

### Drop-in Gym Hours:

#### Edmund Partridge Community School (EP):

Monday, Wednesday and Friday 6-9pm

#### École Seven Oaks Middle School (ESOMS):

Tuesday and Thursday 6-9pm  
Saturday 12-5pm

### Structured Program Hours:

#### Governor Semple School:

Wednesdays 3:30-5:30pm

#### Forest Park School:

Thursdays 3:30-5:30pm

#### École Riverbend Community School:

Tuesdays 3:00-5:00pm

Fridays 6-9pm **(students from all schools welcome!)**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11 NO KYAC Remembrance Day
12	13	14	15	16	17	18
19	20	21 NO KYAC @ Riverbend School	22	23	24	25
26	27	28	29	30 NO KYAC @ ESOMS		

### Reminder

**1. Youth Council:** KYAC has a youth council that is made up entirely of students. who attend Seven Oaks School Division. We meet once a month (usually on a Tuesday) and discuss issues students may be facing and help plan future KYAC programs. Meetings are open to all students. For more information please contact the Program Coordinator

**2. Volunteer Options:** KYAC runs programs 6 days a week out of multiple schools, we also offer art and guitar programs. We are always looking for volunteers to help out and get to know our participants and the programs we run. If you are looking for volunteer hours please contact the Program Coordinator